

Agenda

Agency Wellness Champions Team Meeting #56 Tuesday, January 28, 2014 1:30-3:00 pm

Where

In Person:

Centennial Building

Ladyslipper Room, Ground floor

658 Cedar St

St. Paul, Minnesota 55155

There are 3 MetroTransit routes serving the Centennial Building. There are bike racks in front and back. Parking requires 9 quarters for 90 minutes.

No need to check in with security. Entering from Cedar St., walk down stairs and turn left.

From offsite via Ready Talk:

Please see email sent to you from Ready Talk for how to participate via phone and PowerPoint.

Item

Presenter

Notes

1:30 Welcome, Intros

Note taker:

1:35 StayWell's
Eat for the Health of It
statewide challenge

Ang Croisant

2:Zumba Break

Genny Johnston, ADM

2:15 Maximizing Usage of
your Fitness Center

Mark Fiers, MnDOT

2:40 Agency Updates

All

Next Meeting

Date: February 25

Location: MDH!

Topic: BSBS presents *Creating
and Sustaining a Culture of
Health*

